

What is claimed is:

1. An absorbent substrate, comprising a flexible substantially planar sheet of at least one layer, having a front side and a back side, with a donning agent associated with at least one side of said sheet, wherein said donning agent is transferable from said sheet.
2. The substrate of claim 1 wherein the said donning agent is a bio-compatible and sterilizable substance.
3. The substrate of claim 2 wherein the said sheet is selected from a cellulosic-based material, a stretch bonded laminate material, a nonwoven reinforced cellulosic-based material; a nonwoven material, a cloth material or a combination thereof.
4. The substrate of claim 1 wherein said donning agent is selected from a wetting agent, a substance that acts as a wetting agent, a silicone, and combinations thereof.
5. The substrate of claim 1, further comprising at least one substance, on or within at least one side of said sheet, selected from the group consisting of skin health agents, residual antimicrobial substrate agents, antimicrobial agents or combinations thereof.
6. The substrate of claim 5 wherein said skin health agents are selected from the group consisting of aloe vera, vitamin E, emollients and combinations thereof.
7. The substrate of claim 1 wherein said substrate in a nonwoven reinforced cellulosic-based substrate and said nonwoven material is scrim.
8. A method of manufacturing an absorbent, flexible, substantially planar sheet of one or more layers, having a front side and a back side characterized by associating at least one side of said sheet with a donning agent, said donning agent being transferable from said sheet to the surface of another object or individual.

9. The method of claim 8, wherein said donning agent is associated with said substrate by being sprayed on said substrate.

5 10. The method of claim 8, wherein said donning agent is associated with said substrate by being printed on said substrate.

10 11. The method of claim 8, wherein the said lubricating agent is a bio-compatible and sterilizable substance such as, but not limited to a wetting agent, a substance that acts as a wetting agent, silicone and combinations thereof.

15 12. The method of claim 11, wherein at least one substance is further associated with said sheet, wherein said substance is selected from the group consisting of skin health agents, residual antimicrobial substrate agents, antimicrobial hand agents and mixtures thereof.

20 13. A method of applying a donning agent to hands prior to donning elastomeric gloves comprising the steps of:

- 20 a) washing the hands, and  
b) contacting the hands with a substrate that both dries and transfers a donning agent to the hands.

25 14. The method of claim 13 further including the step of donning a pair of rubber gloves.

30 15. The method of claim 13, wherein the said lubricating agent is a bio-compatible and sterilizable substance such as, but not limited to, a wetting agent, a substance that acts as a wettable agent, a silicone or a combination thereof.

35 16. The method of claim 13, wherein at least one additional substance transfers to the hands from the substrate, the substance selected from the group of skin health agents, antimicrobial hand agents and mixtures thereof.

17. The method of claim 13 further comprising the steps of contacting the gloved

hands again with the substrate that transfers a donning agent to the outer surfaces of the gloves, and donning a second pair of rubber gloves.

5 18. An absorbent substrate, comprising a flexible substantially planar sheet of at least one layer, having a front side and a back side, with a donning agent, skin health agent and antimicrobial agent associated with at least one side of said sheet, wherein said donning agent, skin health agent and antimicrobial agent are each transferable from said sheet.

10 19. The absorbent substrate of claim 18, wherein said donning agent is associated with both sides of said sheet.

15 20. The absorbent substrate of claim 18, wherein said absorbent substrate includes multiple layers.